

ICE at The Parks Open Competition

September 17-19, 2010

**Our solo compulsories will consist of the following maneuvers:
Freestyle 1-4 will skate on *half ice* / Freestyle 5-10 will skate on
full ice.**

- Freestyle 1*** Forward Arabesque, Waltz Jump, Two-Foot Spin
- Freestyle 2*** One-Half Lutz Jump, Ballet Jump, One-Foot Spin
- Freestyle 3*** Change Foot Spin, Salchow Jump, Dance Step Sequence
- Freestyle 4*** One-Half Loop Jump, Flip Jump, Sit-Spin
- Freestyle 5*** Lutz Jump, Fast Back Scratch Spin, Camel Spin
- Freestyle 6*** Split Falling Leaf Jump, Jump Sequence: Axel/One-Half Loop/Flip Jump, Dance Step Sequence
- Freestyle 7*** Two Walley Jumps in Sequence, Jump In The Opposite Direction (Flip, Loop, or Lutz), Flying Camel Spin
- Freestyle 8*** Split Lutz Jump, Flying Sit Spin or Axel Sit Spin (Choice of One), Double Loop Jump
- Freestyle 9*** Arabesque/Bauer/Spread Eagle Combination, Double Lutz Jump, Flying Camel Spin into a Jump Sit Spin
- Freestyle 10*** Triple Edge Jump, Death Drop, Dance Step Sequence Creative

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Dance events include: Solo, Partner (similar or mixed), and Pro Partner.

**Our Dances will include the following sequences or dances.
Three patterns should be skated for each sequence or dance.**

Dance 1 Progressive Sequence

Dance 2 Dutch Waltz

Dance 3 Canasta Tango

Dance 4 Cha Cha

Dance 5 Hickory Hoedown

Dance 6 European Waltz

Dance 7 American Waltz

Dance 8 Kilian

Dance 9 Quickstep

Dance 10 Argentine Tango

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Couples Spotlight *now has 4 categories: Low, Medium, Intermediate or High / Mandatory January 1, 2010*

Couples Spotlight Low

Pre-Alpha – Delta

Duration: 1:00 min.

Maneuvers allowed are FS1 and below

Couples Spotlight Medium

Freestyle 1-3 / Open Bronze

Duration: 1:30 min.

Maneuvers allowed FS 4 and below

Couples Spotlight Intermediate

Freestyle 4-5 / Open Silver

Duration: 1:30 min.

Maneuvers allowed FS 6 and below

Couples Spotlight High

Freestyle 6-10 / Open Gold or Open Platinum

Duration: 2:00 min.

Maneuvers allowed: any maneuvers

Open Freestyle

Open Freestyle Events will include:

Bronze: (FS 1-3 & Bronze level) Any maneuvers from FS3 & below.

Silver: (FS 4-5 & Silver level) Any maneuvers from FS5 & below.

Gold: (FS5-6 & Gold level) Any maneuvers from FS6 & below.

Platinum: (FS7-10 & Platinum level) Any maneuvers.

These events will follow the rule changes effective *January 1, 2010*. Please refer to your ISI Rule Revisions *2010 Edition* for more information.

Interpretive Theme

The theme for interpretive will be “Broadway.” NO PROPS are allowed.