



Learn To Skate Class Schedule 2024

Jan 9 – Feb 24 and Feb 27 – Apr 20, 2024

<u>Tuesday</u>	5:15 PM	Tot 1 & 2 (3-5) Adv Tot (3-5) Jump & Spin (FS 1 & up) <i>\$85 with full price class</i>
	5:45 PM	Pre-Alpha (6-14) Alpha (6-14) Beta (6-14) Gamma & Delta (6-14)
	6:15 PM	Adult / Teen Alpha & Beta Adult / Teen Gamma & Delta Freestyle 1 & 2 (all ages) Freestyle 3 & 4 (all ages)
<u>Thursday</u>	6:15 PM	Pre-Alpha (6-14) Alpha (6-14) Teen Adult Freestyle
<u>Friday</u>	6:15 PM	High Jump & Spin (FS 6 & up) <i>\$85 with full price class</i>
<u>Saturday</u>	9:00 AM	<i>*ice cut</i>
	9:15 AM	Sr Sparklerettes Synchro Drills <i>\$85 with full price class</i>
	9:45 AM	Power Stroking (<i>FS 1 & up</i>) <i>\$85 with full price class</i>
	10:15 AM	Gamma & Delta (all ages) Freestyle 1 & 2 (all ages) Freestyle 3 & 4 (all ages)
	10:45 AM	Pre-Alpha (6-14) Alpha (6-14) Beta (6-14) Adult / Teen Alpha & Beta
	11: 15 AM	Hockey 1 & 2 (helmet, stick & gloves – required) Tot 1 & 2 (3-5) Adv Tot (3-5) Freestyle 5 & 6
<u>Sunday</u>	6:45 PM	Synchro Drills (<i>on a synchro team</i>) <i>\$85 with full price class</i>



Dates to be announced



ISI Membership / Sept 1 - Aug 31



Ice Skating Lessons

2024 Learn To Skate Class Sessions

- Group lessons once a week
- 30-minute class lesson
- Free skate rental on lesson day (figure or hockey)
- Unlimited free admission to Public Sessions during LTS Session
- 3 free guest admission passes
- Each additional family member sign-up will receive a 10% discount
- Ice Sport Industry (ISI) Learn-to-Skate lesson curriculum
- ISI Annual Membership for 7-week sessions
- ISI Tests, Patch and registration included
- Limited enrollment for each level and class day
- Classes are offered: Tues PM, Thurs PM, or Sat AM
- Specialty Classes: Fri PM, Sun PM

Class Descriptions

Note: There will be a \$15.00 service fee on all refunds.

Tot 1-4

Ages: 3-5

For the young ones! – learn how to march, stand, fall down and get up correctly and safely. Games will be used with emphasis on fun!

Pre-Alpha

Ages: 6-14

For the beginner skater. Two-foot glide, one-foot glide, forward and backward swizzles and backward wiggles. Emphasis is on gliding forward and backward.

Alpha

Ages: 6-14

Forward stroking, forward crossovers and snowplow stop.

Beta

Ages: 6-14

Backward stroking, backward crossovers, and T-stops (left and right)

Gamma

Ages: 6-14

Forward outside three turns, forward inside mohawk combination and hockey stop.

Delta

Ages: 6-14

Forward inside three turns, forward edges, lunge, or shoot-the-duck (choice of 1) and bunny hop.

Freestyle 1-6

Ages: 6-14

Jumps, spins, spirals, footwork, and edges.

Adult / Teen

Ages: 15+

Beginning, intermediate and freestyle classes for teens and adults.

Hockey 1 & 2

Ages: All

Basic skating skills, stick & puck handling, and hockey drills.



Session Dates:



Jan 9 – Feb 24 (Blue, 7 weeks, \$139)

Feb 27 – Apr 20 (Red, 7 weeks, \$139)

Apr 23 – Jun 15 (Green, 7 weeks, \$139)

Jun 18 – Aug 10 (Blue, 7 weeks, \$139)

Aug 20 – Oct 12 (Red, 7 weeks, \$139)

Oct 15 – Dec 7 (Green, 7 weeks, \$139)

Private Lessons: Coaches are available for Private Lessons, ask for details

Call (817) 419-0095

www.iceattheparks.net